



## SERVICES AVAILABLE TO ASSIST GPs WITH HEALTH & OTHER PROBLEMS

### **Nationally available services:**

Irwin Mitchell (Solicitors)

(Contact Paul Bourne IRO Project Manager)  
(Solicitors dealing with allegations of unlawful discrimination & other complex law cases)

Tel: 0870 150 0100

National Counselling Service for Sick Doctors

1 Park Square, London NW1 4LJ  
Tel: 020 7935 5982

Doctors Support Network  
Self help group for doctors with mental illness

Tel: 0844 395 3010  
[www.dsn.org.uk](http://www.dsn.org.uk)

Doctors' SupportLine  
Staffed by trained volunteer doctors

Tel: 08744 395 3010

BMA Wellbeing Support Services  
Counselling / Peer Support

Tel: 0330 123 1245 (open 24/7)  
[wellbeingsupport@bma.org.uk](mailto:wellbeingsupport@bma.org.uk)  
<http://www.gloslmc.com/blog-gp-support.asp>

BMJ Careers Chronic Illness Matching Scheme

[www.careers.bmj.com](http://www.careers.bmj.com)

Opportunity for doctors who have a chronic illness or disability to receive informal careers advice from another doctor.

Sick Doctors Trust

Tel: 0370 444 5163  
Website: [www.sick-doctors-trust.co.uk](http://www.sick-doctors-trust.co.uk)

The British Doctors & Dentists Group  
Doctors recovering from chemical dependency  
Monthly group meetings.

Tel: 0779 2819 966 or 020 7487 4445

Financial help:  
BMA Charities

Tel: 020 7387 6142  
including Cameron Fund 020 7388 0796  
[www.bma.org.uk/about\\_bma/charities/](http://www.bma.org.uk/about_bma/charities/)

Royal Medical Benevolent Fund

Tel: 020 8450 9194

Royal Medical Foundation

Tel: 01372 821011  
[www.royalmedicalfoundation.org](http://www.royalmedicalfoundation.org)  
email: [caseworker@royalmedicalfoundation.org](mailto:caseworker@royalmedicalfoundation.org)

National clinical assessment authority (investigates performance of doctors)  
Telephone: 020 7062 1655  
[www.ncas.nhs.uk](http://www.ncas.nhs.uk)

One to One (counselling service for training grade doctors in the South West Deanery)  
Telephone: 0845 130 5354

Maudsley Hospital provides an acute referral service for severely ill health professionals under the auspices of Professor Ann Farmer and Dr. Tony Clare. In the first instance Phone 020 3228 4696 (after hours 4693)

Gloucestershire Royal Hospital Occupational Health is now known as '**WorkingWell**' and can be contacted on:

Tel: 08454 225165

or

Email: <http://www.workingwell2gether.nhs.uk>

**Gloucestershire LMC**